
THE LANDSCAPE OF
SUBSTANCE ABUSE IN
NORTHERN CYPRUS

Trends, Risks, and Responses

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ISBN (PDF) 978-

National Library of Turkey Cataloging in Publication Data

A catalogue record for this book is available from the National Library of Turkey.

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Cover image: Master1305/Shutterstock

Cover design: OZBRDESIGN, Nicosia/North Cyprus

Typesetting: Emanate Publishing House Ltd.

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Editors: Nebile Dağlıođlu & Sevcan Kılıç Akıncı

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This book is published by the registered company Emanate Publishing House Ltd.

The registered company address is:

Noyanlar Site:18 Poseidon Blok A Apt.

Kat: 14 D 235-236 Noyan İskele, Northern Cyprus

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Dedication

This book is dedicated to all individuals and organizations committed to combating substance abuse and promoting mental health in Northern Cyprus. Your tireless efforts and unwavering dedication inspire and drive the continued pursuit of knowledge and effective interventions in this critical field. May this work serve as a testament to your invaluable contributions and a beacon of hope for those impacted by substance use.

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Foreword

The landscape of substance abuse in Northern Cyprus is marked by unique challenges and evolving trends. This book aims to shed light on these issues, offering a comprehensive analysis of the patterns, risks, and responses associated with substance use in the region. The collaborative efforts of researchers, practitioners, and policymakers have culminated in this extensive volume, which not only highlights the current state of substance abuse but also explores potential strategies for prevention and intervention. We hope that this book serves as a valuable resource for anyone dedicated to addressing the complexities of substance use in Northern Cyprus and beyond.

This book has been supported by the North Cyprus Anti-Drug Commission, Ankara University, Erzurum Technical University, the International Cognitive and Behavioural Therapies Society, the Northern Cyprus Entrepreneurial Women's Association, and Acapulco Hotel Northern Cyprus. Their invaluable support and contributions have made this work possible, and we extend our deepest gratitude to these organizations.

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Preface

The rising prevalence of substance abuse among the youth and adult populations in Northern Cyprus calls for an in-depth examination of the underlying causes, trends, and effective response mechanisms. This book is a result of rigorous research and collaboration among experts from various fields, aiming to provide a holistic understanding of the substance abuse problem. We delve into the socio-economic and cultural factors contributing to substance use, analyse the effectiveness of current interventions, and propose new strategies for tackling this pressing issue. It is our hope that this work will contribute to the development of more effective policies and programs to combat substance abuse and support those affected by it.

We are particularly grateful for the support provided by the North Cyprus Anti-Drug Commission, Ankara University, Erzurum Technical University, the International Cognitive and Behavioural Therapies Society, the Northern Cyprus Entrepreneurial Women's Association, and Acapulco Hotel Northern Cyprus. Their commitment to this cause has been instrumental in bringing this project to fruition.

7 August 2024

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Acknowledgments

This book would not have been possible without the support and contributions of many individuals and organizations. We extend our deepest gratitude to our research collaborators, whose expertise and insights have been invaluable. Special thanks to the participants of our studies, whose willingness to share their experiences has enriched this work. We are also grateful to Emanate Publishing House Ltd. for their commitment to disseminating knowledge on this critical issue.

We acknowledge with gratitude the support of the North Cyprus Anti-Drug Commission, Ankara University, Erzurum Technical University, the International Cognitive and Behavioural Therapies Society (CBPis), the Northern Cyprus Entrepreneurial Women's Association, and Acapulco Hotel Northern Cyprus. Their support has been crucial to the success of this project.

Lastly, we thank our families and friends for their unwavering support throughout the research and writing process. This book is a collective effort, and we are immensely proud of the shared dedication to addressing substance abuse in Northern Cyprus.

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Acronyms

ADC	Anti-Drug Commission
APA	American Psychiatric Association
API	Addiction Profile Index
EDM	Electronic Dance Music
EMCDDA	European Monitoring Centre for Drugs and Drug Addiction
ESPAD	European School Survey Project on Alcohol and Other Drugs
EU	European Union
GHB	Gamma-Hydroxybutyrate
LSD	Lysergic Acid Diethylamide
MDMA	3,4-Methylenedioxyamphetamine (also known as Ecstasy)
SUD	Substance Use Disorder
NIDA	National Institute on Drug Abuse
NGO	Non-Governmental Organization
OECD	Organisation for Economic Co-operation and Development
OCD	Obsessive-Compulsive Disorder
OPD	Other Psychoactive Drugs
PET	Positron Emission Tomography
SAMHSA	Substance Abuse and Mental Health Services Administration
SEM	Structural Equation Modeling
SPSS	Statistical Package for the Social Sciences
UNODC	United Nations Office on Drugs and Crime
US	United States
USA	United States of America
WHO	World Health Organization