



# Emanate - Educational Sessions Highlights (EESH)

## Volume 1



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**Emanate - Educational Sessions Highlights (EESH)** is dedicated to archiving and disseminating the content of educational conferences, workshops, seminars, and academic meetings. Recognized for its rapid dissemination and accessibility, every entry in EESH is a direct representation of its foundational aim: to capture the intellectual essence of educational dialogues happening in real time.

Topics include but are not limited to arts education, assessment and evaluation, continuing education, distance learning, educational policy, educational psychology, education and technology, effective teaching practices, higher education, learning theories, special education, and vocational education. EESH offers an inclusive platform covering all facets of learning and teaching from early childhood development to lifelong learning

EESH welcomes a diverse range of submissions, including empirical research, meta-analyses, longitudinal studies, and theoretical studies. We value a wide spectrum of methodological approaches, from quantitative and qualitative to mixed-method research. EESH publishes either monographs for example, master thesis/doctoral dissertations or edited volumes based on the outcomes of conferences.

Once published, all proceedings are submitted for evaluation in **Web of Science Core Collection™ Conference Proceedings Citation Index - Social Sciences & Humanities (CPCI-SSH)**.

More information about this series at: <https://www.emanate.education/proceedings-series/emanate-eesh>


# PROCEEDINGS OF THE 15<sup>TH</sup> INTERNATIONAL CONFERENCE ON EDUCATION AND EDUCATIONAL PSYCHOLOGY (ICEEPSY 2024)

Selected, peer-reviewed papers from  
15<sup>th</sup> International Conference on Education and Educational Psychology (ICEEPSY 2024),  
November 04-07, 2024, Madrid, Spain

**Edited by:**

Ahmet Güneyli, Professor Dr. 

**Editor(s) Affiliation(s):**

**Ahmet Güneyli, Professor Dr.**   
Lefke European University, Cyprus



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## Preface

I am pleased to present the proceedings containing selected, peer-reviewed papers from the 15<sup>th</sup> International Conference on Education and Educational Psychology (ICEEPSY 2024), which was held on 04-07 November, 2024, in Madrid, Spain.

Having been held for the past thirteen years, ICEEPSY has become a favourite conference choice for many academics from all over the world, many of whom have become part of the ICEEPSY family and look forward to catching up academically and socially during this conference. This event is organised by the Academics Institute in association with a non-profit organisation International Cognitive and Behavioural Psychotherapies Society (CBPis) and sponsored by the Northern Cyprus Prime Minister's Anti-Drug Commission.

The aim of the ICEEPSY 2024 was to provide a platform for academics, professionals and other stakeholders working in the field of Education and Educational Psychology to present their latest works to an international audience of their peers. As with all previous conferences, the ICEEPSY 2024 was also a venue to establish new networks and renew former ones with like-minded colleagues as a means of promoting more research and thinking in this area.

ICEEPSY 2024 featured presentations by renowned and skilled researchers and international scholars working in the field of educational and educational psychology. This conference brought together students, teachers, researchers, practitioners, and psychologists who are keen in sharing their latest research in teacher education, basic education, basic skills, counselling psychology, adolescent growth and development, educational psychology, continuing education, higher education, quality assurance/institutional effectiveness, learning theories, effective teaching practices, second language teaching, and special education.

The detailed programme of the conference is available at: <https://www.academics.institute/conference/ICEEPSY/2024>. Following is a brief overview on the ICEEPSY 2024: Two invited academics presented keynote speeches; four workshops was held; three oral presentation sessions were held; twenty two presenters from thirteen countries (Cyprus, Czech Republic, Estonia, Finland, Hungary, Japan, Latvia, Romania, Spain, Sweden, Switzerland, United Kingdom, and United States) presented their papers. For presentations, 15 minutes were allocated to each presentation including Q&A session.

Academic Institute's online submission system was used for the submissions and reviewing process. Total forty six submissions have been received for ICEEPSY 2024, thirteen full-text papers were subjected to a double-blind peer review process by experts in the related field. A total of nine scientific committee members and two external reviewers were involved in the review process which was completed in two phases. In the first phase, the submissions were evaluated for content relevance and contribution to the conference themes, while in the second phase, the selected papers were reviewed by two reviewers for content and language accuracy. After this rigorous peer reviewing process, sixteen were selected for presentation.

We would like to express our sincere gratitude to all the participating presenters, International Scientific Committee and reviewers, and Organizing Committee for helping to make the ICEEPSY 2024 a great success. We would like to state that the success of ICEEPSY 2024 would not have been possible without the diligence and dedication of the organizing committee.

We would also like to take this opportunity to extend an invitation to participate in ICEEPSY 2025, the 16<sup>th</sup> International Conference on Education & Educational Psychology scheduled to be held in the beautiful city of Antalya, Türkiye from 03-05 November, 2025. ICEEPSY 2025 will again feature informative workshops and presentations by skilled educational and educational psychology researchers and international scholars. More than 90 countries have been represented in previous ICEEPSY conferences. Also important are the friendships and professional relationships that begin, or are renewed, at ICEEPSY each year.

Hope to see you all there and online!

17 December, 2024

**Jan Vermunt, Co-Chair, ICEEPSY 2024**

Professor, Eindhoven University of Technology, The Netherlands

**Kirsti Lonka, Co-Chair, ICEEPSY 2024**

Professor, University of Helsinki, Finland

**Ahmet Güneyli, Editor, ICEEPSY 2024**

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- Yasmeen Bano, Ph.D. Candidate University Tun Hussien Onn Malaysia
- Michala Mikolášíková, Ph.D. Student University of Hradec Králové, Czech Republic

## Keynote Speakers

### **Redefining Teaching for the New Era of AI**

Kirsti Lonka, Professor,  
University of Helsinki, Finland

### **How can Students Learn to Deal with Tomorrow's Societal and Technological Challenges?**

Jan Vermunt, Professor  
Eindhoven University of Technology, The Netherlands

## Workshop Leaders

### **How can teachers incorporate social and emotional learning into their interactions?**

Markus Talvio, Associate Professor Dr.  
University of Helsinki, Finland

**Harmonizing Diversity: Systemic Approaches to Classroom Management in High Schools and Universities?**

Zafer Bekirogullari, PhD

International Cognitive and Behavioural Psychotherapies Society (CBPis), Cyprus

**Helping children to lead healthy lives in a digital world: Do we regulate the screen use in schools?**

Maria Cerrato Lara, PhD

Universidad Internacional de la Rioja (UNIR), Spain

**Balancing Rigour and Mattering in Medical Education Learning Communities: Applied Learning Theories**

Kevin Watson, Master Graduated & David Moyer, Assistant Professor Dr.

University of Virginia: School of Medicine, United States

## Organizers



This conference is organised by the Academics Institute in association with a non-profit organisation International Cognitive and Behavioural Psychotherapies Society (CBPis) in Cyprus.

## Sponsors



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