

Preface

The rising prevalence of substance abuse among the youth and adult populations in Northern Cyprus calls for an in-depth examination of the underlying causes, trends, and effective response mechanisms. This book is a result of rigorous research and collaboration among experts from various fields, aiming to provide a holistic understanding of the substance abuse problem. We delve into the socio-economic and cultural factors contributing to substance use, analyse the effectiveness of current interventions, and propose new strategies for tackling this pressing issue. It is our hope that this work will contribute to the development of more effective policies and programs to combat substance abuse and support those affected by it.

We are particularly grateful for the support provided by the North Cyprus Anti-Drug Commission, Ankara University, Erzurum Technical University, the International Cognitive and Behavioural Therapies Society, the Northern Cyprus Entrepreneurial Women's Association, and Acapulco Hotel Northern Cyprus. Their commitment to this cause has been instrumental in bringing this project to fruition.

7 August 2024

Editors

Prof. Dr. Nebile DAĞLIOĞLU

Ankara University, Türkiye

Asst. Prof. Sevcan KILIÇ AKINCI

Erzurum Technical University, Türkiye