

ANNEX E: Northern Cyprus Prime Minister's Anti-Drug Commission – Ethical Compliance Form

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KUZEY KIBRIS TÜRK CUMHURİYETİ BAŞBAKANLIK UYUŞTURUCU İLE MÜCADELE KOMİSYONU

01/07/2025

To: Dr. Zafer Bekiroğulları, International Cognitive and Behavioural Psychotherapies Society (CBPis), Nicosia, North Cyprus

Subject: Ethical Compliance Confirmation

The Northern Cyprus Prime Minister's Anti-Drug Commission confirms that the research project "Substance Abuse Among Adolescents in Northern Cyprus: Trends, Risks, and Preventive Responses" was conducted in full compliance with established ethical principles governing research involving minors.

The study adhered to the following standards:

- Participation limited to students aged 15–16 years
- Voluntary participation with the right to withdraw
- Informed consent from students and their legal guardians
- Full transparency regarding data use and research outputs
- Strict anonymity and confidentiality safeguards

Data were collected between 01 October 2024 and 30 May 2025. All ethical requirements were fulfilled throughout the research process.



Cemal Direkci
Ethics Committee Director
Northern Cyprus Prime Minister's
Anti-Drug Commission