

ANNEX J: Confirmation of Administrative and Institutional Permissions

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KUZAY KIBRIS TÜRK CUMHURİYETİ BAŞBAKANLIK UYUŞTURUCU İLE MÜCADELE KOMİSYONU

11 March 2026

Ref. No.: 002

To: Dr. Zafer Bekiroğulları, International Cognitive and Behavioural Psychotherapies Society (CBPis), Nicosia, Northern Cyprus

Subject: Confirmation of Administrative and Institutional Permissions

On behalf of the Northern Cyprus Prime Minister's Anti-Drug Commission Ethics Committee, this letter confirms that all administrative and institutional permissions required for the research study "Substance Abuse Among Adolescents in Northern Cyprus: Trends, Risks, and Preventive Responses" were duly obtained prior to the commencement of data collection on 3 November 2025.

The required permissions were secured through the following coordinated, multi-tiered governance chain:

- Strategic authorization issued by the Prime Ministry, which formally referred the research to the relevant administrative bodies;
- Institutional approval granted by the Ministry of National Education through the Office of the Undersecretary, permitting survey implementation across public secondary educational institutions;
- Approval under the purview of both the General Secondary Education Directorate and the Vocational and Technical Education Directorate;
- Evaluation and approval of the survey protocol by the Northern Cyprus Prime Minister's Anti-Drug Commission (see Annex B);
- School-level institutional consent provided by the principals of all participating educational institutions (see Annex K).

The Ethics Committee has reviewed and verified that these administrative permissions were obtained and in force prior to field implementation. This confirmation, issued under the authority of the Northern Cyprus Prime Minister's Anti-Drug Commission, constitutes the formal documentary record of the institutional permissions for this study and is provided for academic submission, publication support, and institutional verification. No separate signed authorization from the Ministry of National Education is required in addition to this confirmation.

Sincerely,

Reyfet Abdu
Ethics Committee Director
Northern Cyprus Prime Minister's
Anti-Drug Commission



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