

ANNEX E: Ethical Compliance Confirmation

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KUZEY KIBRIS TÜRK CUMHURİYETİ BAŞBAKANLIK UYUŞTURUCU İLE MÜCADELE KOMİSYONU

11 March 2026

Ref. No.: 002

To: Dr. Zafer Bekiroğulları, International Cognitive and Behavioural Psychotherapies Society (CBPis), Nicosia, Northern Cyprus

Subject: Ethical Compliance Confirmation

The Northern Cyprus Prime Minister's Anti-Drug Commission confirms that the research project "Substance Abuse Among Adolescents in Northern Cyprus: Trends, Risks, and Preventive Responses" was conducted in full compliance with established ethical principles governing research involving minors.

The study adhered to the following standards:

- Participation limited to students aged 15–16 years
- Voluntary participation with the right to withdraw
- Informed consent from students and their legal guardians
- Full transparency regarding data use and research outputs
- Strict anonymity and confidentiality safeguards

Data were collected between 3 November 2025 and 29 December 2025. All ethical requirements were fulfilled throughout the research process.

Sincerely,

Reyfet Abdu

Ethics Committee Director
Northern Cyprus Prime Minister's
Anti-Drug Commission



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