

ANNEX H: Ethical Timeline Confirmation

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KUZEY KIBRIS TÜRK CUMHURİYETİ BAŞBAKANLIK UYUŞTURUCU İLE MÜCADELE KOMİSYONU

11 March 2026
Ref. No.: 002

To: Dr. Zafer Bekiroğulları, International Cognitive and Behavioural Psychotherapies Society (CBPis), Nicosia, Northern Cyprus

Subject: Ethical Timeline Confirmation

This document serves solely to confirm the chronological order of ethical approval, institutional permissions, and research implementation stages for the study entitled:

“Substance Abuse Among Adolescents in Northern Cyprus: Trends, Risks, and Preventive Responses”

Based on official records of the Ethics Committee, the following timeline applies:

Item	Confirmed Date
Ethical approval granted	3 September 2025
Parent information & consent procedure approved for pre-field use	3 September 2025
Commencement of data collection	3 November 2025
Completion of data collection	29 December 2025
Authorization for data use and publication	11 March 2026
Formal ethical compliance confirmation	11 March 2026

The Ethics Committee confirms that ethical approval and consent procedures were established prior to the commencement of field implementation, and that ethical compliance was maintained throughout the research process.

This document is issued for academic submission, publication support, and institutional verification purposes only.

Sincerely,

Reyfet Abdu
Ethics Committee Director
Northern Cyprus Prime Minister's
Anti-Drug Commission

