

ANNEX I: Parent Information and Consent Procedure

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KUZEY KIBRIS TÜRK CUMHURİYETİ BAŞBAKANLIK UYUŞTURUCU İLE MÜCADELE KOMİSYONU

19 September 2025

Ref. No.: 002

To: Dr. Zafer Bekiroğulları, International Cognitive and Behavioural Psychotherapies Society (CBPis), Nicosia, Northern Cyprus

Subject: Parent Information and Consent Procedure – ESPAD-Aligned Document

Dear Dr. Bekiroğulları,

This document is shared for informational and procedural reference purposes to demonstrate the parent information and consent procedure approved for use prior to the commencement of field implementation of the ESPAD-aligned research planned to be conducted in Northern Cyprus during the 2025–2026 Academic Year / ESPAD (European School Survey Project on Alcohol and Other Drugs).

The enclosed template reflects the standard parent information and consent form deemed appropriate and suitable for application before student participation and is provided to ensure procedural transparency, ethical consistency, and documentation alignment with internationally accepted research standards.

Sincerely,

Reyfet Abdul
Ethics Committee Director
Northern Cyprus Prime Minister's
Anti-Drug Commission

ANNEX: PARENT INFORMATION AND CONSENT FORM (SAMPLE)

(ESPAD-Compliant | 2025)

I am the parent / legal guardian of the student:

School Name:

Class: Student Number:

Student Full Name:

I confirm that I have been informed about my child's participation in the research study entitled: "Substance Abuse Among Adolescents in Northern Cyprus: Trends, Risks, and Preventive Responses". The study is planned to be conducted during the 2025–2026 Academic Year across Northern Cyprus, in full accordance with the ESPAD (European School Survey Project on Alcohol and Other Drugs) methodological framework.

I acknowledge and confirm that:

- The study involves students aged 15–16 years (Grade 10).
- No personally identifiable information is collected at any stage of the research.
- All data are collected, stored, analysed, and reported in a fully anonymized and aggregated form.
- Participation is entirely voluntary.
- Students may withdraw from the study at any stage without providing a reason and without any academic, administrative, or disciplinary consequences.
- Research findings are used solely for scientific, statistical, public health, educational, and policy-development purposes, including reports, books, and academic publications.
- The study has been conducted following all required institutional permissions and ethical approvals, in line with internationally accepted principles governing research involving minors.

Based on this information, parental consent is to be obtained prior to student participation, under teacher supervision.

Parent / Legal Guardian Full Name:

Signature:

Date: ____ / ____ / ____